

# KRNC Speaker Series

*Kendall Reagan Nutrition Center*

## When:

11:45-1 p.m.  
LUNCH provided

## Where:

CSU Health &  
Medical Center  
151 W Lake St  
Room 1418

## Sponsors:

EKS&H  
First National Bank

**Cost: Free**      **Website:**

[www.nutritioncenter.chhs.colostate.edu](http://www.nutritioncenter.chhs.colostate.edu)

**April 5**

**Amanda  
Boostrom**

Intuitive Eating:  
Make Peace with  
Food and Your  
Body

**Mike**

**Pagliassotti**  
Sugar: Cause for  
Concern or Much  
Ado About  
Nothing

**May 3**

**Chris Melby**  
Metabolic Changes  
After Weight Loss:  
Must What Goes  
Down Always Go  
Back Up?

**June 7**

**Sarah  
Johnson**

Functional Foods:  
Does One Size  
Fit All for  
Cardiovascular  
Health?

**Sept. 6**

**Garry Auld**

World Population  
& Food Insecurity  
– Solutions, Real &  
Imagined

**Oct. 4**

**Leslie  
Cunningham  
-Sabo**

Can Cooking  
Change Kids Eating  
Habits?

**Nov. 1**

